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Headteacher: Mrs K Flowerdew

Wednesday 8th July 2026

Dear Parents and Carers,

Relationships & Sex Education
Year 5

The purpose of Relationships & Sex Education (RSE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life.

To remain in line with the current health and safety guidance, the children will be taught these sessions in their maths classes, by staff they know well. We will give the children opportunities to be taught some content in single-sex groupings to allow for children to feel more comfortable to ask questions and have open discussions about the content. [NC1]Lessons will be take place the week beginning the **13th July 2026.**

These are the learning intentions that will be covered in Year 5.

Year 5
To explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally.
To understand that sexual intercourse can lead to conception and that is how babies are usually made.

In line with the Government guidance, you have the right to request that your child does not take part in these sessions. If you do not want your child to take part, please inform the Year 5 staff by **Friday 10th July by 3pm** using the class email address: rowanclass@spurcroft.w-berks.sch.uk, beechclass@spurcroft.w-berks.sc.uk or sycamoreclass@spurcroft.w-berks.sch.uk .

Please note: Staff stick to the age appropriate content as shared. If a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. We want to work in partnership with you to foster healthy relationships.

Kind regards,

Year 5/6 Teachers

