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Headteacher: Mrs K Flowerdew

Wednesday 8th July 2026

Dear Parents and Carers,

Relationships & Sex Education
Year 6

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life.

As part of the PSHE curriculum, Year 6 pupils cover their Sex and Relationships Education in the summer term. Lessons will take place the week beginning the **13th July 2026.**

To remain in line with the current health and safety guidance, the children will be taught these sessions in their classes, by staff they know well.

These are the learning intentions that will be covered in Year 6.

Year 6
To explain how girls' and boys' bodies change during puberty and understand the importance of looking after myself physically and emotionally.
To describe how a baby develops from conception through the nine months of pregnancy, and how it is born.
To understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.

In line with the Government guidance, you have the right to request that your child does not take part in these sessions. If you do not want your child to take part, please inform the Year 6 staff by **Friday 10th July by 3pm** using the class email address: rowanclass@spurcroft.w-berks.sch.uk, beechclass@spurcroft.w-berks.sc.uk or sycamoreclass@spurcroft.w-berks.sch.uk .

Please note: Staff stick to the age appropriate content as shared. If a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. We want to work in partnership with you to foster healthy relationships.

Kind regards,
Year 6 class teachers